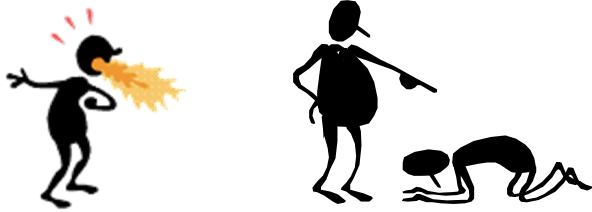


# IF YOUR CHILD IS THE BULLY



## ARE YOU SEEING THE SIGNS?

- Enjoys putting down others.
- Disrespects authority and disregards rules.
- Has an attitude of superiority.
- Needs to have power or control over others.
- Enjoys violence.

## WHAT DO YOU DO?

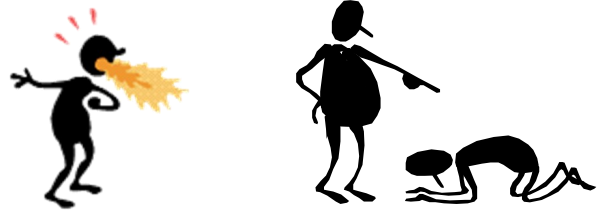
- Stay calm.
- Ask your child if he or she has participated in bullying others.
- Make it clear that it is wrong. No one deserves to be bullied.
- Supervise your child's behavior more closely.
- Describe how a person who is being harassed might feel.
- Notice and reward good behavior.
- Talk to the school counselor for additional assistance.

For more information on bullying visit:  
<[www.bullyinginfo.org](http://www.bullyinginfo.org)>

To report threats of violence or illegal activity, call the Safe-Call Hotline:  
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Oklahoma State Department of Education - Safe and Healthy Schools - (405) 521-2106

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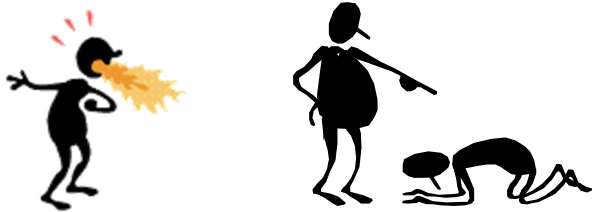
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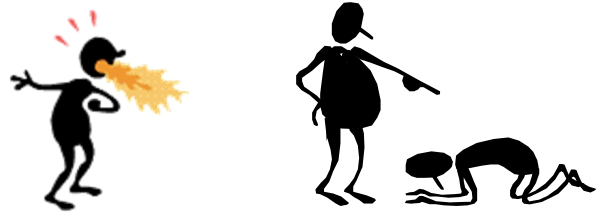
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## IF YOUR CHILD IS BEING BULLIED



### ARE YOU SEEING THE SIGNS?

- Reluctant to go to school or certain places.
- Silent about what's happening at school.
- Frequent lost or damaged possessions.
- Academic problems.
- Difficulty concentrating.
- Low self esteem.
- Social isolation.
- Quiet, depressed, irritable, or anxious.

### WHAT DO YOU DO?

- Stay calm.
- Tell your child no one deserves to be bullied.
- Ask open-ended questions to get them talking.
- Do not encourage physical retaliation as a solution.
- Encourage your child to make new friends.
- Share your own experiences.
- Brainstorm ways to solve the problem nonviolently.
- Contact school officials to report any incidences. Report threats to law enforcement.

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