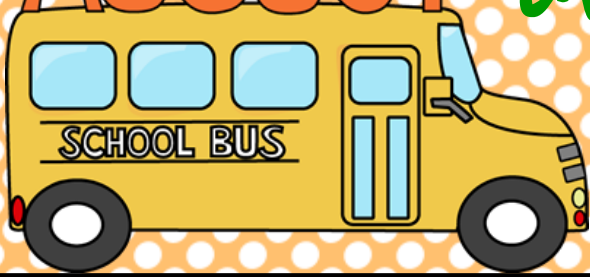


AUGUST



BACK TO SCHOOL NEWS

from Mrs. Post
August 17, 2026



Meet the Teacher

Hi! I am Micah Post, and I am so happy to have your child in my class this year. This is my 20th year teaching 3rd grade at Sequoyah. I have been married to my wonderful husband, Justin, for 23 years, and we have 3 sons in our home and 1 daughter in heaven.

My goal is to build a wonderful classroom community where mutual respect guides our interaction and your child can flourish in all areas. I will work to create an environment that encourages your scholar to think in ways they couldn't even imagine. Let's soar together!

What We're Learning...

Set Up for Success

Let's start our year on the right foot. Please make sure you are on Dojo and are checking for announcements.

Communication is Key for a successful year, so please reach out with any questions.

Water & Snack

Your child needs to bring a water bottle EVERYDAY – especially when it is so hot out.

Snacks can be brought from home or purchased for 50 cents each in class.

Homework???

You may be wondering about the amount of homework that you should expect this year. The good news is that we do not have scheduled homework nights. Yippee! The other news is that any work not completed at school will be expected to be taken home, finished, and returned the following day for credit.



Take Home Folders

Take home folders should come back and forth daily. This is a great way to keep your child better organized. Please make it a habit to look over your child's work and notes every night. A class newsletter will be sent home every Monday night.

Extra Info

Specials 11:05-11:50	Lunch 12:05 – 12:25
Monday – Music	
Tuesday – Computers	RECESS 10:00 – 10:20 & 12:30-12:50
Wednesday – Art	
Thursday – PE	
Friday – Music (rotates each 9 week)	

