

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**3**

Pop Tart  
Or Biscuit & Gravy  
Strawberries  
Juice

**1**

Cereal Bowl or  
Biscuit & Gravy  
Peaches  
Juice

**2**

Fruit Smoothie & Grahams  
Or Banana Bread  
Applesauce Cup  
Juice

**7**

Parfait & Granola  
Or Breakfast Pizza  
Peaches  
Juice

**6**

Apple Frudel  
Or Cereal Bowl  
Pears  
Juice

**8**

Biscuit & Gravy  
Sausage  
Strawberries  
Juice

**9**

Fruit Smoothie & Grahams  
Or French Toast Sticks  
Fruit Cup  
Juice

**10**

Cereal Bowl or  
Cinnamon Toast  
Egg Omelet  
Applesauce  
Juice

**14**

Parfait & Granola  
Or Cowboy Bread  
Applesauce Cup  
Juice

**13**

Biscuit & Gravy  
Or Cereal Bowl  
Peaches  
Juice

**15**

Egg Patty  
Biscuit  
Pears  
Juice

**16**

Fruit Smoothie & Grahams  
Or Breakfast Bites  
Strawberries  
Juice

**17**

Warm Muffin or  
Pop Tart  
Banana  
Juice

**21**

Parfait & Granola  
Or Apple Frudel  
Pears  
Juice

**20**

Breakfast Pizza  
Or Cinnamon Toast  
Applesauce  
Juice

**22**

Eagle Power Pops  
Or Biscuit & Gravy  
Sliced Apples  
Juice

**23**

Fruit Smoothie & Grahams  
Or Donut  
Peaches  
Juice

**24**

Scrambled Eggs  
Tator Tots  
Assorted Fruit Cups  
Juice

**28**

Parfait & Granola  
Or French Toast Sticks  
Blueberries  
Juice

**27**

Sausage Biscuit  
Or Pop Tarts  
Strawberries  
Juice

**29**

Cereal or  
Biscuit & Gravy  
Fruit Cup  
Juice

**30**

Fruit Smoothie & Grahams  
Or Breakfast Pizza  
Pears  
Juice

\*Menus subject to change.\*

Variety of Milk Served Daily.

This institution is an equal opportunity provider.

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<https://oked.sylogist.com/Sequoyah>

