BREAKFAST

November

PK – 5th

Sequoyah Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal or Biscuit Sausage Pears Juice Gravy	3 Parfait & Granola Or French Toast Sticks Peaches Juice	4 Biscuit or Muffin Sausage Applesauce Juice Gravy	5 Smoothie & Grahams Or Breakfast Bites Strawberries Juice	6 Cinnamon Roll Assorted Fruit Juice
9 Cereal or Banana Bread Peaches Juice	10 Parfait & Granola Or Cinnamon Waffles Pears Juice	11 Biscuit or Cereal Sausage Strawberries Juice Gravy	12 Smoothie & Grahams Or Breakfast Pizza Applesauce Juice	13 Donut Mixed Fruits Juice
16 Biscuit & Gravy Or Cereal Pears Juice	17 Parfait & Granola Or Cowboy Bread Strawberries Juice	18 Biscuit Egg Patty Sliced Apples Juice Gravy	19 Smoothie & Grahams Or French Toast Sticks Applesauce Cup Juice	20 Cereal or Apple Frudel Fruit Cup Juice
HAPPY THANKSGIVING				
30 Cereal or Mini Cinis Applesauce Cup Juice				

Menus subject to change.

Variety of Milk Served Daily.

This institution is an equal opportunity provider.

To make an online payment or to fill out a Free & Reduced Meal form log onto Sequoyah Sylogist (Gradebook/Parent Portal) at

https://oked.sylogist.com/Sequoyah