

Monday

Tuesday

Wednesday

Thursday

Friday

Fruit Smoothie
Grahams or
Breakfast Pizza
Peaches
100% Juice

Biscuit
Sausage
Gravy
Pears
100% Juice

Fruit Parfait & Granola
Or Frudel
Applesauce
100% Juice

Omelet
Biscuit or
Cinnamon Toast
Gravy
Assorted Fruit
100% Juice

**No School
Labor Day**

Fruit Smoothie
Grahams or
Warm Muffin
Pears
100% Juice

Cereal or
Biscuit & Gravy
Applesauce
100% Juice

Fruit Parfait & Granola
Or Breakfast Bites
Strawberries
100% Juice

Donut or
Biscuit & Gravy
Peaches
100% Juice

Banana Bread or
Biscuit & Gravy
Applesauce
100% Juice

Fruit Smoothie
Grahams or
Frudel
Strawberries
100% Juice

Omelet
Mini Cinis or
Cinnamon Toast
Peaches
100% Juice

Fruit Parfait & Granola
Or French Toast
Pears
100% Juice

Pop Tart or
Biscuit & Gravy
Assorted Fruit
100% Juice

Cereal or
Biscuit & Gravy
Peaches
100% Juice

Fruit Smoothie
Grahams or
Cowboy Bread
Applesauce
100% Juice

Breakfast Bites or
Cereal
Strawberries
100% Juice

Fruit Parfait & Granola
Or Breakfast Pizza
Assorted Fruit
100% Juice

Biscuit & Gravy
Or Warm Muffin
Pears
100% Juice

Frudel or
Biscuit & Gravy
Assorted Fruit
100% Juice

Fruit Smoothie
Grahams or
Cinnamon Toast
Omelet
Pears
100% Juice

Cereal or
Banana Bread
Apples
100% Juice

Menus subject to change.

Variety of Milk Served Daily.

This institution is an equal opportunity provider.

To make an online payment or to fill out a Free & Reduced Meal form log onto Sequoyah Sylogist (Gradebook/Parent Portal) at

<https://oked.sylogist.com/Sequoyah>