



SEPTEMBER 2026

Sequoyah Public Schools

4th – 12th

Monday

Tuesday

Wednesday

Thursday

Friday

Labor Day
No School

Walking Taco
Refried Beans
Black Bean Salsa
Cinnamon Apples

Cheesy Bread Sticks
Marinara Sauce
Broccoli
Pears

Salisbury Steak
Garlic Toast
Cheesy Potatoes
Roasted Broccoli
Peaches

Popcorn Chicken
Mashed Potatoes & Gravy
Sunshine Corn
Hot Roll
Strawberries

Chicken Strips
Mashed Potatoes & Gravy
Green Beans
Hot Roll
Peaches

Chicken Drummie
Mashed Potatoes & Gravy
Green Peas
Hot Roll
Pears

Mega Mini Chicken
Mashed Potatoes & Gravy
Green Beans
Hot Roll
Applesauce

Popcorn Chicken
Mashed Potatoes & Gravy
Sunshine Corn
Hot Roll
Strawberries

Salisbury Steak
Cheesy Potatoes
Roasted Broccoli
Peaches
Brownie

Spaghetti & Meat Sauce
Garlic Toast
Broccoli
Fresh Salad
Pears

Mac & Cheese
Garlic Toast
Roasted Broccoli
Fresh Salad
Strawberries

Corn Dog
Baked Beans
Cole Slaw
Peaches
Cookies

Meat & Cheese Nachos
Salsa
Lettuce, Tomato & Onion
Cinnamon Apples

Pizza Hut Pizza or
Taco Soup
Sweet Fries
Salad
Juice
Pineapple

Pizza Hut Pizza or
Chicken Tortilla Soup
Sweet Fries
Salad
100% Juice & Fruit

Pizza Hut Pizza or
Beef Vegetable Soup
Sweet Fries
Salad
100% Juice & Fruit

Pizza Hut Pizza or
Chicken Wild Rice Soup
Sweet Fries
Salad
100% Juice & Fruit

Grilled Chicken Sandwich
French Fries
Lettuce & Tomato
Pears

Cheese Burger
French Fries
Lettuce & Tomato & Pickles
Applesauce

BBQ Sandwich
Spiral Fries
Pickle Spear
Baby Carrots
Peaches

Steak Sandwich
French Fries
Lettuce & Tomato
Assorted Fruit

Choice of Milk & Second Options also available.

To make an online payment or to fill out a Free & Reduced Meal form log onto Sequoyah Sylogist (Gradebook/Parent Portal) at
<https://oked.sylogist.com/Sequoyah>

This institution is an equal opportunity provider.

Menus subject to change.