

JANUARY 2020

SEQUOYAH
SCHOOL

PK-3RD
GRADE

Monday	Tuesday	Wednesday	Thursday	Friday
		1		3
VARIETY OF LOW FAT AND FAT FREE MILK SERVED EVERY MEAL		HAPPY NEW YEAR 		
			Milk	Milk
6	7	8	9	10
No School	<u>Mozzarella Bread Sticks</u>	<u>Popcorn Chicken</u>	<u>Mini Cheeseburgers</u>	<u>Fish Sticks</u>
	Italian Dipping Sauce	Mashed Potatoes / Gravy	Ranch Potatoes Cubes	Baked Beans
	Green Beans	Seasoned Broccoli	Pickle Slices	Strawberry Cup
	Yummy Fruit Cup	100% Fruit Juice	Chilled Diced Peaches	Confetti Grahams
Milk	Milk	Milk	Milk	Milk
13	14	15	16	17
<u>Turkey & Gravy w/ Rotini Noodles</u>	<u>Ham & Cheddar Slices</u>	<u>Fried Chicken Drumstick</u>	<u>Pizza Hut Cheese Pizza</u>	<u>Cheeseburger</u>
Mixed Vegetables	<u>Sweet Potato Wedges</u>	Mashed Potatoes & Gravy	Baked Beans	Whole Kernel Corn
Chilled Strawberries	Red Dragon Juice	Hot Roll	Seasoned Tomatoes	Green Beans
	Chilled Apricot Cup	Seasoned Greens	Applesauce	Pineapple Tidbits
	Alphabet Cookies	100% Fruit Juice		
Milk	Milk	Milk	Milk	Milk
20	21	22	23	24
No School	<u>Crispy Chicken Bites</u>	<u>Spaghetti</u>	<u>Roasted Turkey Slices</u>	<u>Macaroni & Cheese</u>
	Tator Tots	Vegetable Medley	Mashed Potatoes / Gravy	<u>Diced Ham</u>
	Chunky Salsa	Garlic Bread	Green Beans	Pinto Beans
	100% Fruit Juice	Orange Smiles	Hot Roll	Berry Cup
			100% Fruit Juice	
Milk	Milk	Milk	Milk	Milk
27	28	29	30	31
<u>Cheese Omelet</u>	<u>Mozzarella Bread Sticks</u>	<u>Beef Mostaccioli</u>	<u>Frito Chili Pie</u>	<u>Taco Boat</u>
Southwestern Spinach	Italian Dipping Sauce	<u>Hamburger Helper</u>	Pinto Beans	Refried Beans
Golden Biscuit	Seasoned Potato Cubes	Peas & Carrots	Sunshine Corn	Salsa
Cream Gravy	Chilled Peaches	Hot Roll	Spiced Apple Slices	Fruit Cup
100% Fruit Juice		100% Apple Juice		
Milk	Milk			