


MARCH 2020

SEQUOYAH  
SCHOOL

9TH -12TH  
GRADE

| Monday                           | Tuesday   | Wednesday  | Thursday  | Friday                          |
|----------------------------------|---|--|---|---------------------------------|
| 2                                | 3   | 4  | 5   | 6                               |
| <u>Ham &amp; "3" Cheese Wrap</u> | <u>Crispy Chicken Drumstick</u>   | <u>Pizza Hut Pizza or</u>  | <u>Mega Mini Chicken Bites</u>  | <u>Fiesta Nachos</u>            |
| Assorted Chips                   | Mashed Potatoes   | <u>Assorted Hot Soups</u>  | <u>or Chili Cheese Cup</u>  | <u>or BBQ Pork Baked Potato</u> |
| Dill Pickle Slices               | Gravy / Hot Roll  | Sweet Potato Wedges  | French Fries  | Baked Beans                     |
| Salad Bar                        | Green Beans   | Loaded Salad & Fruit Bar   | Buttered Carrots  | Sunny Corn                      |
| Peaches / 100% Juice             | Craisins / Pears  | Fruit Cup / 100% Juice   | Strawberries / Blueberries  | Fruit Cup / Sliced Peaches      |
| Tuna Salad Croissant Box         |   | Oatmeal Cookie   |   |                                 |
| 9                                | 10  | 11   | 12  | 13                              |
| <u>Italian Spaghetti &amp;</u>   | <u>Chicken Fried Steak</u>  | <u>Pizza Hut Pizza or</u>  | <u>Grilled Chicken Club Sand.</u>   | <u>Frito Chili Pie</u>          |
| <u>Mozzarella Bread Stick</u>    | Mashed Potatoes   | <u>or Baja Pulled Pork Wrap</u>  | <u>or Egg &amp; Sausage Biscuit</u>   | Spicy Ranch Beans               |
| Salad Bar                        | Gravy / Hot Roll  | Sweet Potato Wedges  | French Fries  | Buttered Corn                   |
| Peaches / 100% Juice             | Green Beans   | Loaded Salad & Fruit Bar   | Peaches   | Strawberries / Blueberries      |
|                                  | Mandarin Orange / Mx Fruit  | Applesauce / 100% Juice  | Craisins  |                                 |
| Hawaiian Chicken Sand. Box       |   | Cowboy Bread   |   |                                 |
| 16                               | 17  | 18   | 19  | 20                              |
|                                  |  | <b>SPRING BREAK</b>  |  |                                 |
|                                  |   |  |   |                                 |
|                                  |   |  |   |                                 |
|                                  |   |  |   |                                 |
| 23                               | 24  | 25   | 26  | 27                              |
| <u>Mini Cheeseburgers</u>        | <u>Beef Teriyaki Nuggets</u>  | <u>Pizza Hut Pizza or</u>  | <u>Rotel Cheeseburger</u>   | <u>Mini Corn Dogs</u>           |
| <u>Assorted Chips</u>            | Mashed Potatoes   | <u>Chicken Ranch Pasta</u>   | <u>Combo Submarine Sand.</u>  | <u>or Philly Beef Sub</u>       |
| Dill Pickle Slices               | Gravy / Hot Roll  | Loaded Salad & Fruit Bar   | French Fries  | Black-eyed Peas                 |
| Green Beans                      | Ranch Broccoli  | Peas & Carrots   | Lettuce / Tomato / Pickle   | Sunshine Corn                   |
| Peach Cup / 100% Juice           | Mix Fruit / Ruby Pears  | 100% Juice   | Peaches / Applesauce  | Cinnamon Apples / Mix Fruit     |
|                                  |   | Blueberry Crumble  |   |                                 |
| 30                               | 31  |  |   |                                 |
| <u>General TSO's Chicken</u>     | <u>Honey Sriracha Chicken</u>   |  | <b>**Served Daily**</b>   | <b>VARIETY OF LOW FAT</b>       |
| <u>Rice Bowl</u>                 | Mashed Potatoes   |  | <b>Optional Main Dish</b>   | <b>AND FAT FREE MILK</b>        |
| Vegetable Medley / Salad         | Gravy / Hot Roll  |  | <i>PB&amp;J Jamwich or</i>  | <b>SERVED</b>                   |
| Peach Cup / 100% Juice           | Seasoned Broccoli   |  | <i>Yogurt Cup</i>   | <b>EVERY MEAL</b>               |
| Fortune Cookie                   | Strawberries / Blueberries  |  | Crackers-Granola-Cheese Stick   |                                 |
| Chicken Breast Club Box          |   |  |   |                                 |